

**Can I Use Natural-Colors Henna After a Perm?** Yes, After perming, wait 2 weeks or 5 shampoos before applying Natural-Colors henna. This will allow the hair to be free of any chemical residue.

**Can I Perm After a Natural-Colors Henna?** Henna coats the hair shaft and, in some cases, prevents the chemicals in the perm lotion from penetrating. Prior to a perm, remove Natural-Colors Henna.

**What's the Best Way To Remove Natural-Colors Henna?** Apply warm mineral oil to the hair. Leave on 20 - 25 minutes. Rinse with warm water. Shampoo out. This procedure is good prior to using a perm or chemical tint/color.

**Is Natural-Colors Henna Safe to Use Over a Chemical Tint?** Yes. If the hair is in excellent condition, Natural-Colors henna can be used over a chemical tint. However, this is not its purpose. Henna should never be used over bleached or white hair.

**Will Natural-Colors Henna Lighten Hair?** NO. Natural-Colors Henna does not contain any lightening chemicals.

**How Often Can I Use Natural-Colors Henna?** Natural-Colors Henna can be used every 4 to 6 weeks. The color will gradually fade in this time.

**Are there any harmful chemicals in Natural-Colors?** No. In fact, there are no chemicals in Natural-Colors. This is a 100% natural treatment with no additives. Recently, there have been reports that some chemical hair dyes might be linked to ovarian and breast cancer. Natural-Colors for Gray does contain a small amount (less than 3% after mixing of dye).

## Hints and More Recipes

**Apple Cider Vinegar**-helps color hold on gray hair, add 1-2 tablespoons to Natural-Colors mixture. **Strongly suggested for Natural-Color for Gray.**

**Lemon juice**- lightens blonde shades, add 1-2 tablespoons lemon juice to Natural-Colors mixture.

**To Deepen Red Shades**- Red, Sherry, Mahogany, Burgundy can be deepened by mixing with a darker shade. For Example, 1.5 oz Mahogany + .5oz Dark Brown = Dark Auburn.

**Conditioning Dry Hair**-Add 1 egg or 2-4 tablespoons of olive oil or 2-4 tablespoons of plain yogurt to Natural-Colors mixture.

**Gray or White Hair**- If you have over 10% grey, we suggest using Natural-Colors for Gray Coverage. Also consider the following recipes.

- Medium & Dark Brown Natural-Colors + brewed coffee+ 2 tbsp. apple cider vinegar.
- Light Brown N.C. + Ceylon Tea, Black China Tea, or Darjeeling Tea +2 tbsp. apple cider vinegar
- Dark Brown & Medium Brown (50% each) + brewed coffee + 2 tbsp. apple cider vinegar works well on more than 10% grey



Phone: 888.675.7161  
www.treasuredlocks.com

## NATURAL - COLORS

### Instructions for Use Including Special Recipes

Please read  
thoroughly before  
using!

**Updated  
February 2012**

**from  
Baka Beauty  
&  
Treasured Locks**

## Preparing

Natural-Colors may be applied on wet or dry hair, which must be clean.

- Shampoo first, towel dry hair.
- *Apply cream, oil, or Vaseline around hairline, ears, and neck to avoid staining skin.*

**Natural-Colors will stain skin. Avoid contact with skin.**

## Helpful Accessories

- Plastic or Glass Bowl
- Plastic or Wooden Spoon
- Oil, Vaseline, or Cream
- Plastic or Rubber gloves
- Tint brush or 1.5 inch paint brush
- Plastic cap
- Heated Conditioning Cap
- Protective Cape or Old Towel
- Natural-Colors Henna Shampoo
- **Apple Cider Vinegar (recommended)**

## Mixing Natural-Colors

Pour a 2 oz jar of Natural-Colors into a glass or plastic bowl. Gradually add 2 ounces of Apple Cider Vinegar. Use a wooden or plastic spoon to mix thoroughly to a creamy soup-like consistency. Add more liquid (water, brewed coffee or Apple Cider Vinegar) if mixture is too thick. Start with at least 2 ounces of liquid.

## Applying

Wear plastic or rubber gloves to avoid staining hands.

Start with clean hair. Shampoo before applying. Hair should be slightly damp or dry.

- Section hair front to back and ear to ear. Take 1 inch partings in the sections
  - Method 1 - Begin at the scalp and paint on Natural-Colors with a tint brush from root to ends
- Continue until all the hair is thickly coated with the Natural-Colors mixture.
- Place a cotton or tissue band around the hairline. Cover the hair with a plastic cap.
- Leave on as follows:
  - Black, Red, Sherry, Mahogany, Burgundy, Dark & Medium Brown, and Copper with heat 45-60 minutes; without heat 60-90 minutes.
  - Strawberry, Marigold, Blonde, and Light Brown with heat 30 minutes; without heat 45-60 minutes
- When timing is completed, rinse thoroughly with warm water, and then rinse with cool water.
- Shampoo (Natural-Colors Henna Shampoo is recommended)
- Rinse thoroughly and style.
- 

**For best results use a heated conditioning cap.**

## Strand Test

- Mix 1 teaspoon of NC Henna with boiling water\*. Mix into a creamy soup-like consistency.
- Select a 1 inch section of hair (enough to wrap around 2 fingers).
- Apply NC Henna Roots to Ends, coating the hair. Wrap the hair section in plastic wrap.
- Leave on 45-60 minutes\*\*.
- Rinse off, shampoo and dry.
- Check color in daylight.

\* You may substitute coffee, apple cider vinegar or tea for water

\*\* for deeper colors, add 15-30 minutes.

## Special Recipes & Hints

**Brewed Coffee** (not instant)- helps cover gray. Substitute for water. **Strongly recommended for gray hair and Natural-Colors for Gray. Also, add 2 tablespoons Apple Cider Vinegar.**

**Teas** - To have the following effects, substitute tea for water. Boil water. Steep tea for 20-30 minutes. Bring back to a boil. Substitute for water when mixing

- Ceylon, Black China or Darjeeling Teas add gold highlights to Light Brown Natural-Colors.
- Red Zinger Tea enriches red tones in Burgundy, Sherry, Mahogany, and Red Natural-Colors.
- Chamomile Tea brightens and adds highlights to Blonde, Marigold or Strawberry.